

Sunshine Coast Health Centre

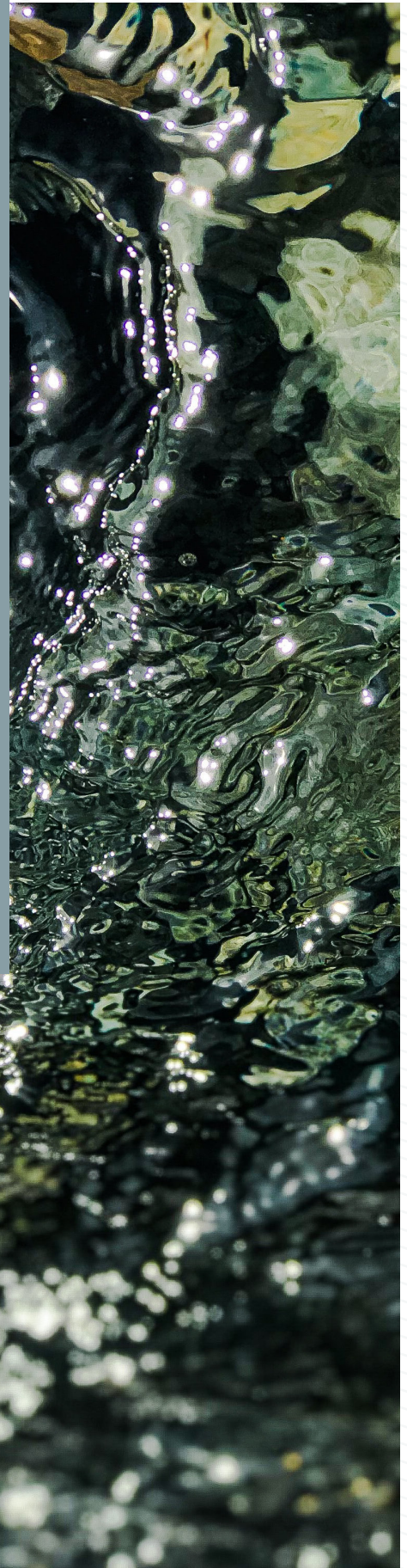
ADMISSION PACKAGE

PART 2 OF 2

INTERNATIONAL
CLIENTS



**Sunshine Coast
Health Centre**
A Non 12-Step Program





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Health Centre**
A Non 12-Step Program

INTERNATIONAL Admission Package

Why leaving the United States for Addiction Treatment might be the best option for Americans and non-Canadians

Finding the right treatment program is never easy, especially if you are an American with literally hundreds of private treatment options available coast-to-coast. It might seem crazy to suggest that your best option might be to fly north of the 49th parallel to treat you or a loved one's addiction. But consider the following:

A Program for Successful Men

Since its opening in 2004, Sunshine Coast Health Centre has gradually developed a reputation in Canada as the place where motivated, successful men go to get help with their addictions. Over the past few years, word has spread that Canadian executives and business owners no longer need to travel to the United States or other countries to get help. And it's not just our sensible technology policy that allows clients to stay connected to work and family. It is also our belief that kindness and respect are fundamentally important elements of good treatment.

Non-12 Step is Just the Start

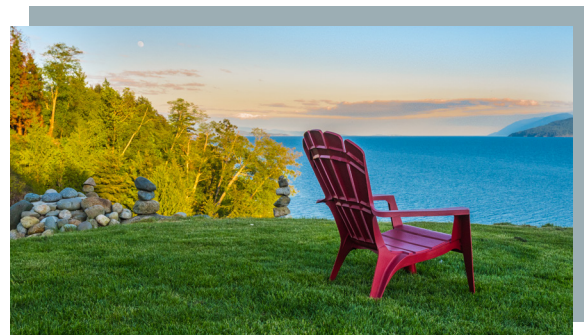
Canadians often come to us because we are non-12 step but they soon find out that it is our focus on mental health that is really what sets us apart. We found out a long time ago that the 12 Steps is not appropriate for treating anxiety and trauma. Feeling empowered and having a sense of control is, our clients tell us, fundamentally important to their recoveries.

Recovery is More Than Just Abstinence, It's About Living a Meaningful Life

Sunshine Coast Health Centre did not just stop being a 12-Step program. We replaced the 12 steps with something that we believe is better. Our meaning-centered approach considers addiction a response to a life that lacks personal meaning, includes a sense of connectedness to loved ones, friends, and community; engaging in work that is consistent with our values; and living a healthy lifestyle.

Malibu Without the Attitude

Malibu is not the only place with an oceanfront view of the Pacific Ocean. Sunshine Coast's 12-acre property is situated on Canada's Malaspina Strait through which countless cruise lines pass through on their way to Alaska. True to our Canadian temperament, we don't make a big fuss about the view, the whales, and the bald eagles, but we know it's a big part of what makes us special.



American Quality at Canadian Prices

The United States and Canada are fortunate to have excellent universities and professional standards for those working in health care. Americans in particular do have a significant advantage in terms of the purchasing power of the US dollar. For the past few years, the US dollar has held firm, trading at around \$1.30 in Canada.

Easy Access and a Mild Climate

International clients and Americans have easy access to Sunshine Coast via Vancouver International Airport (YVR). Several International, American, and Canada airlines serve Vancouver, many with direct flights from cities all over the United States (see table).

Just 70 miles from Vancouver, Sunshine Coast has mild winters in the mid-40s to -50s F range and pleasant summers in the mid- to high-70 F range. Our mild climate is ideal for exploring the many trails and beaches that make the Sunshine Coast a destination for outdoor enthusiasts.

Cities with Non-Stop Flights to Vancouver	Airlines Serving Vancouver	Approx. Non-Stop Flight Duration
Atlanta	Delta	4 hr 42 min
Anchorage	Air Canada	2 hr 56 min
Chicago	West Jet, United	3 hr 48 min
Dallas	American	3 hr 47 min
Denver	United	2 hr 31 min
Detroit	Delta	4 hr 10 min
Honolulu	Air Canada, West Jet	5 hr 36 min
Houston	United	4 hr 12 min
Maui	Air Canada, West Jet	5 hr 32 min
Kona	Air Canada, West Jet	5 hr 38 min
Las Vegas	Air Canada, West Jet	2 hr 18 in
Los Angeles (LAX)	Air Canada, West Jet, Alaska, United	3 hr
Minneapolis	Delta	3 hr 8 min
Newark	Air Canada, United	5 hr 3 min
New York (JFK)	Delta	5 hr 3 min
Orange County	West Jet	2 hr 31 min
Palm Springs	West Jet	2 hr 32 min
Phoenix	West Jet	2 hr 45 min
Portland	Air Canada, Alaska	1 hr 1 min
Salt Lake City	Delta	1 hr 56 min
San Francisco	Air Canada, West Jet, Delta, United	1 hr 55 min
Seattle	Air Canada, Alaska, Delta	41 min

Book Your Stay Today!

Our team of admissions specialists can help take the hassle out of your stay. Call us toll-free 1.866.487.9010 or complete our Register Now contact form to receive an admission package designed specifically for our International and American clientele.



AGREEMENT OF RESPONSIBILITY for Costs

Agreement of Responsibility for Residential Treatment Costs

I, _____ agree to pay Sunshine Coast Health Centre (2005) Ltd. for the full cost of residential treatment ("the Program") for _____.
(name of client)

☐ I further permit Sunshine Coast Health Centre (2005) Ltd. to charge a \$10,000 CAD pre-authorization for the full cost of residential treatment. This pre-authorization will reserve admission into the Program. Upon admission, I agree to pay the remaining costs for residential treatment.

☐ I further agree to reimburse for additional costs incurred during the Program¹. Additional costs may include, but are not limited to, the following: prescriptions, off-site adjunct therapy, emergency dental work, post-discharge travel², and missed appointments with the psychiatrist or Medical Director, and 1:1 monitoring at an hourly rate when determined necessary by the clinical/medical staff. **Clients who do not have valid health plan coverage³ will be charged for doctor visits, psychiatrist visits, and lab work.** Payment for additional fees is due prior to client discharge.

¹ Costs for treatment are billed as one item and services within cannot be separated for insurance claim purposes.

² Fees for transportation between SCHC and Langdale Ferry Terminal (if required due to COVID-19) is \$200 per direction. Or \$150 each direction if combined travel with another client.

³ Clients with overdue provincial health insurance premiums, clients residing outside of Canada, or residents of Quebec

Inpatient Mental Health and Addictions Program ^{1,2}	
	Private Room
International Client	<input type="checkbox"/> \$1,085.00/day
Withdrawal Management Program ²	
7 Day	<input type="checkbox"/> 10,500.00
Alumni Program ^{1,3}	
_____ Days	<input type="checkbox"/> \$985.00/day

¹ Withdrawal Management separately charged. A surcharge of \$935 (\$835 for alumni) will be charged for each night in Withdrawal Management (approximately 3-5 days). Clients begin the mental health and addictions program once cleared from Withdrawal Management.

² Withdrawal Management medications including Suboxone Treatment not included. Additional charge for 1-on-1 exclusive nursing care if required.

³ Clients registering for Alumni program must have previously attended our Mental Health and Addictions Program.

⁴ To be eligible for Extended Care, clients are required to attend the Mental Health and Addictions Program for a minimum of 42 days or the Alumni Program for a minimum of 30 days.

CONTINUED ON NEXT PAGE

I have read and agree to these terms.

Initial:

Date:

☐ Agreement Of Responsibility For Withdrawal Management Costs

I agree to pay Sunshine Coast Health Centre (2005) Ltd. for the full cost of \$935 per night (\$835 for alumni) while in withdrawal management at Sunshine Coast Health Centre*.

If medical staff recommend client spend additional time in withdrawal management causing charges to exceed 5 nights (\$4675 for new clients, \$4175 for alumni), you will be contacted by the financial department prior to payment being processed.

*Does not apply to 7-Day Withdrawal Management Program. All fees are GST and PST exempt.

☐ Agreement Of Responsibility For Prescription Medication Costs

I agree that it is my responsibility to pay for any medications prescribed to me during my stay at Sunshine Coast Health Centre (SCHC). These charges are in addition to the costs of Residential Treatment. Sunshine Coast Health Centre is not responsible for covering any charges I incur related to prescription medications and that any personal concerns regarding payment should be discussed with my case manager and with my insurance company.

Note: Please only bring a maximum of 3-4 days of current prescription medications. Existing prescriptions will be collected and reviewed by the medical director and re-packaged by SCHC's pharmacist. Narcotic and unidentifiable medications will be disposed of.

☐ Agreement Of Responsibility For Safety Exit Plan Costs

I hereby authorize Sunshine Coast Health Centre (2005) Ltd. to charge for Safety Exit Plan costs during treatment at Sunshine Coast Health Centre.

☐ I understand that the costs incurred could be for the following:

- 1:1 monitoring at an hourly rate (to be determined) when determined necessary by the clinical/medical staff at Sunshine Coast Health Centre
- Travel costs for client and SCHC personal travel escort to Vancouver if determined necessary by clinical/medical team. (hourly rate to be determined)
- Transportation of client to home community or alternative as pre-arranged.

☐ The plan would come into effect if the following issues arise:

- Acute issues re: resistance to treatment
- Hostile behaviour or actions, either verbal or physical
- Client unable to stabilize with the supports of medical and clinical teams.

If client has left SCHC and been admitted to the Powell River General Hospital and cannot return to SCHC afterwards for any reason, the Safe Exit Plan will be implemented.

The funder will be notified (1) when a behavioural contract is signed and agreed upon between staff and client stating expectation while in program and then (2) if this Safe Exit Plan is required. Funder will be notified by phone number on file, but speaking to funder is not required prior to implementation of one to one coverage. Funder is expected to follow the agreed upon Safe Exit Plan. Funder recognizes that they are not in a position to neglect the safe transfer of the client from SCHC to a safe placement location.

THIS DOCUMENT MUST BE COMPLETED AND FAXED 24 HOURS PRIOR TO ADMISSION. PLEASE FAX COMPLETED FORM TO 1.888.875.0511 . ALL CORRESPONDENCE WILL REMAIN CONFIDENTIAL.

I have read and agree to these terms.

Initial:

Date:



**Sunshine Coast
Health Centre**
A Non 12-Step Program

PAYMENT INFORMATION and Refund Policies

Payment And Credit Card Info

Credit Card Issuer: ☐ VISA ☐ MC ☐ AMEX

Credit Card #: _____ Expiry Date (mm/yyyy) _____

Name on card: (please print) _____ CVV (3 digits): _____

Signature of Cardholder: _____ Date: _____

Name of Funder: _____ Funder Phone: _____

Funder Email: _____

Funder's Address: _____

City: _____ Prov. _____ Postal Code: _____

Funder's Signature: _____

THIS DOCUMENT MUST BE COMPLETED AND FAXED 24 HOURS PRIOR TO ADMISSION. PLEASE FAX COMPLETED FORM TO 1.888.875.0511 . ALL CORRESPONDENCE WILL REMAIN CONFIDENTIAL.

Refund Policy

By signing this document, I understand that Sunshine Coast Health Centre expects the client to complete the Program. As part of this understanding, I am expected to promptly advise Sunshine Coast Health Centre staff if I or the client in treatment expresses any intent to leave the Program early. I agree to support all reasonable efforts made by Sunshine Coast Health Centre staff to keep a client engaged in the Program. If a client, despite all efforts by staff, leaves the Program early, any refund will be negotiated directly between myself, as Payer, and the Administrator on behalf of Sunshine Coast Health Centre. Sunshine Coast Health Centre will notify the appropriate individual who is paying for the client's stay in case of early discharge.

I understand that refunds are not provided on a pro rata basis since daily average rates do not reflect intensive administrative and clinical services provided in the initial stages of treatment.

Methods Of Payment

We accept cheque or money order issued by a Canadian bank, wire transfer, Visa, Mastercard, and American Express. Payment is due upon arrival. Funders agree for their credit card to be charged in the event of a late payment.

Program Changes And Extensions

Clients wishing to change programs or extend their stay may do so without penalty. For example, a client who has originally enrolled in the Withdrawal Management Only Program may change to the Mental Health and/or Addiction Program by paying the difference in cost. No penalty will be assessed for clients choosing to start their treatment in a program of shorter duration.

Our Fair Refund Policy

Refunds are calculated by the number of unattended days multiplied by the daily rate of that program. An admin charge of \$2000 will be charged on all refunds where the length of stay is less than 30 days. The admin charge will be waived for clients staying longer than 30 days if seven days notice is provided. Day 1 and the last day of a client's stay are based upon the calendar day the client arrives and departs, regardless of the time of day.

I have read and agree to these terms.

Initial: _____

Date: _____



As the most specialized facility in Canada, we offer more guaranteed services than any other provider. We **guarantee** a quality of care for professionals that is unmatched in Canada. This means, unlike other treatment centres, our individualized plans include guaranteed psychiatric assessment and regular, customized one-on-one sessions with masters' level counsellors and various health professionals.

Most facilities do not guarantee a psychiatric assessment (e.g. clients only receive one if they present psychiatric issues) let alone weekly appointments with doctors, nurses, counsellors, personal trainers, massage therapists, and other speciality trained staff.

As a licensed, recognized medical facility, we do not charge GST or PST on our programs.

A non-refundable deposit of \$1000 is required to hold a bed in the event of a wait list and will be applied towards the cost of treatment upon admission.

The **Withdrawal Management Program** includes medical withdrawal, routine medical and nursing consultations, medical assessments, clinical check-ins, access to psycho-educational workshops, and group and individual activities (if stable).

The **Mental Health and Addictions Programs** includes psychiatric assessment, one-on-one counselling, psycho-educational workshops, post-treatment care (e.g. alumni dinners, support meetings, coaching, and online support program), and wellness therapies (massage, fitness assessments, group fitness and recreation) as well as complementary trauma therapies (EMDR, hypnotherapy, Somatic Therapy, rTMS, Hakomi, meditation).

The **Alumni Program** includes all services provided in our Mental Health, Addictions, and Occupational Trauma Programs, except for travel assistance in Vancouver. Alumni Program clients must have first completed one of our programs listed above (excluding the 7-day Withdrawal Management Program).

All programs include pick up/return to the Powell River airport or ferry terminal upon arrival discharge, accommodation, meals, use of the indoor pool and fitness centre, and use of laundry facilities.

Programs **do not** include travel expenses to and from a client's place of residence to the Powell River airport or ferry terminal, dental work, prescription drugs, or personal items such as toothpaste, shaving cream, deodorant, etc.

Travel Assistance

(not included in the Alumni Program fee)
To facilitate clients arriving at Vancouver International Airport or Comox Valley Airport, Sunshine Coast Health Centre offers free travel assistance. Don't worry about luggage and shuttling between terminals: a staff member will be there to ensure your trip is hassle-free.

Vehicle Use & Parking

Personal vehicle use is not permitted while clients are in our treatment programs. Clients are discouraged from arriving in personal vehicles for this reason.

Clients who drive to our campus will have their vehicle valeted to an off-site location until they leave. Clients do not have access to the valet location at any point. A daily rate of \$5 will apply.

I have read and agree to these terms.

Initial:

Date:



PRE-ADMISSION Checklist

Things To Bring

- ☐ Provincial health care card
- ☐ Drivers license (if Canadian resident) or passport (non-resident of Canada) for boarding flights.
- ☐ Travel insurance for coverage of emergency medical services while in British Columbia (Highly recommended for non-residents of Canada and medically uninsured Canadians*)
- ☐ Money (cash, credit, debit, etc) for miscellaneous personal expenses**
- ☐ Current Medications (only 3-4 days worth)***
- ☐ Medical Supplies (e.g. Diabetes testing strips)
- ☐ Toiletries (toothbrush, shampoo, shaving cream, etc.)
- ☐ Sleepwear (slippers, t-shirt and shorts or pajamas)
- ☐ Comfortable clothing sufficient for 7 days
- ☐ Weather-appropriate clothing and recreation wear (i.e. rain wear and hiking boots/outdoor shoes)
- ☐ Fitness wear (t-shirts, shorts, track pants, running shoes) for use in the fitness centre
- ☐ Swimwear (not cut-offs) and beach towel
- ☐ Musical instruments for leisure time (limited selection available onsite)

Things Not To Bring

- ☐ Clothing that promotes alcohol or drug use, sexism, racism, or homophobia
- ☐ Drug paraphernalia
- ☐ Candles, Incense, Heating pad, or electric blankets
- ☐ Weapons (including pocket knives)
- ☐ Valuable jewelry or expensive clothing
- ☐ Pornography
- ☐ Video games and video gaming consoles
- ☐ Mouthwash or other toiletries containing alcohol
- ☐ Nutritional supplements, over-the-counter medications and herbal remedies****
- ☐ Cannabis or THC-containing products (CBD products must be sealed and show the certified distributor and prescribing physician).
- ☐ Open cigarette or e-cigarette/vaping products****

Miscellaneous

Personal Electronic Devices: Personal communication[†] (cellphones, smartphones, tablets, etc.), audio (iPods, MP3 players, etc.), and computing devices (e.g. laptops) are permitted provided that usage rules are observed at all times.[‡]

Laundry Facilities: Complementary washing machines, dryers, irons, ironing boards and laundry soap are available on-site.

Visitors: Family members are welcome to visit Sundays and holidays from 12:00 to 5:00 PM.

Telephone: Clients can be reached on the client phone. Clients are responsible for providing this phone number to family and friends.

Luggage: Please note that Pacific Coastal Airlines charges extra for luggage weight exceeding 50 lbs. See their website for more details.

** Travel insurance does not cover expenses associated with non-emergency situations such as medical appointments or medications of any kind.*

*** Large amounts of cash are the responsibility of the client. Safes are available at client request.*

***** All prescriptions are re-done by SCHC's pharmacist while clients are at SCHC. Outside prescription medications may be stored and returned to clients upon discharge. Unidentifiable and narcotic medications will be disposed of.**

***** Items in this category will be confiscated and returned at time of discharge. Mood-altering drugs or medication deemed counter-therapeutic will not be returned.*

† Personal communication devices (e.g. smartphones) with cameras are permitted onsite as long as clients respect anonymity and refrain from taking photos of other clients.

‡ Wireless internet is available for light bandwidth activities. Internet service is intended for communication purposes, not entertainment.

MAILING ADDRESS FOR LETTERS AND PACKAGES:

CLIENT'S NAME
C/O SUNSHINE COAST HEALTH CENTRE,
2174 FLEURY ROAD, POWELL RIVER, BC,
CANADA V8A 0H8

I have read and agree to these terms.

Initial:

Date:



DIRECTIONS FLYING TO VANCOUVER Airport for transfer to Powell River

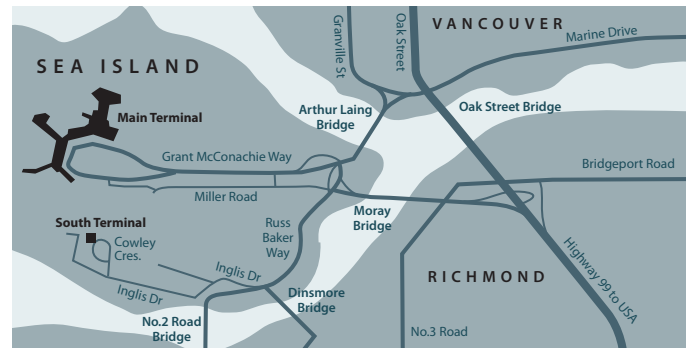
Travel Assistance in Vancouver

Sunshine Coast Health Centre ("SCHC") provides complimentary travel assistance for all clients arriving at the Main Terminal in Vancouver (also known as Vancouver International Airport). It is important to note that all flights to Powell River originate out of the South Terminal, a 10 minute drive south of the Main Terminal (see map).

Upon arrival at the Main Terminal, you will be met by a SCHC travel assistant who will shuttle you and your belongings to the South Terminal for your flight to Powell River. Please be sure to meet with the travel assistant with the 'Powell River' sign before leaving the baggage carousel area. If making a payphone call, taking a cigarette or bathroom break cannot wait please return to the baggage carousel area as soon as possible. If time allows, your travel assistant will arrange for a meal or beverage after your bags are checked at the South Terminal.

Changing planes from flights originating within British Columbia or the rest of Canada

All air passengers destined for the Vancouver International Airport disembark at the Domestic Terminal, typically via Air Canada or WestJet. Call Admissions toll-free at 1.866.487.9010 if your wait for the travel assistant exceeds 10 minutes.



Changing planes from flights originating from the USA or overseas

All air passengers destined for Vancouver arriving from the USA or overseas disembark via the International Terminal at Vancouver International Airport. All passengers arriving in Vancouver must first gather their baggage, then clear Canada Customs & Immigration (also known as border services) before the SCHC travel assistant can provide further assistance.

The Border Services officer may ask to see identification (see Documentation Requirements for Visitors to Canada below) and will ask the purpose of your visit to Canada. SCHC recommends that you tell the officer that you are here for addiction treatment. If the officer requires additional confirmation, provide the letter of confirmation issued to you by SCHC or have them call the Admissions Coordinator, toll-free at 1.866.487.9040. Explain to the officer that a travel assistant holding a sign marked "Powell River" is waiting for you in the arrivals lounge.

Once you have cleared with Canadian Border Services Agency and enter the arrivals lounge, your travel assistant will accompany you to visitor parking. From the parking garage, you and your bags will be shuttled to the South Terminal for your flight to Powell River via Pacific Coastal Airlines.



CONTINUED ON NEXT PAGE

Traveling by car from Seattle to the south terminal airport

While a SCHC travel assistant is available to meet clients at the USA-Canada border, the following directions are provided for those that would prefer to make the drive without travel assistance. Please note that your destination is the South Terminal and NOT the Main Terminal at Vancouver Airport:

- Take I-5 NORTH to Exit 275 onto WA-543 North (have your identification ready)
- WA-543 becomes 176 St. in Canada
- Head NORTH on 176 St. to the first set of lights - 8th Avenue and turn LEFT
- Merge RIGHT onto Provincial Route 99 N and go NORTH through Massey Tunnel
- Take the Steveston Highway exit - EXIT 32 - (your first exit after the tunnel) and stay in the left lane once you are on the exit
- Turn LEFT at the set of lights onto Steveston Highway
- Go WEST on Steveston Highway to No. 2 Road (you will pass No. 5 Road, then No. 4 Road, then No. 3 Road, then Gilbert Road, then No. 2 Road)
- Turn RIGHT heading NORTH on No. 2 Road (you will pass Williams, then Francis, then Blundell, then Granville, then Westminster then you will cross the No. 2 Road Bridge)
- Turn LEFT at the first set of lights after the bridge onto Inglis Drive (McDonald's will be on the left hand side)
- Turn RIGHT on Cowley Crescent (Harbour Air terminal is on the left)
- Find pay parking and enter South Terminal (taxi cabs will be parked out front)
- Once inside South Terminal Building look for Pacific Coastal Airlines, Powell River check-in
- Provide your confirmation number and show government-issued photo ID



Documentation requirements for visitors to Canada

If you are a citizen of the United States, you need to carry a passport or enhanced drivers license to enter Canada. If you are a permanent resident (as opposed to a citizen) of the United States, you must bring your permanent resident card (i.e. green card) with you. For more information on admissibility into Canada please visit the Canadian Border Services Agency website at <http://www.cbsa-asfc.gc.ca/menu-eng.html>.

Airline courtesy shuttle

If you prefer to make the transfer from the Main Terminal to the South Terminal on your own, an airline courtesy shuttle is available to shuttle you between terminals.

To the International and Domestic Terminals at Vancouver International Airport: Upon arrival at the Vancouver South Terminal, a courtesy walk-on Shuttle bus is available in front of both the Domestic and International Terminals.

This complimentary walk-on shuttle bus departs from the Arrivals level of both the Domestic and International Terminals every 30 minutes. The shuttle will pick-up on a scheduled basis at the International Terminal at 25 and 55 minutes past every hour. The Domestic Terminal Shuttle pick-ups will occur on the hour and half-past every hour.

The International Terminal Shuttle pick-up location is outside at Pillar 2 on the Arrivals level. The Domestic Terminal pick-up is outside doorway "F" at curbside on the Arrivals level. There is a sign at both of these locations that is clearly marked 'South Terminal.' If unsure of connection time, please make use of the Courtesy Shuttle phones that are located on the hotel boards inside both the Domestic and International Airport Terminals on the Arrivals Level.

It is important to note passengers need to be available to take a Shuttle to the South Terminal at least 30 minutes prior to their flight departure time.

Depending on your flight connections it may be necessary for you to hire a taxi to ensure appropriate check-in time. Please make sure you have collected all of your baggage and belongings prior to boarding the Shuttle to the South Terminal.

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Vancouver layover provisions

If there is a layover in Vancouver while waiting for your flight to Powell River the travel assistant may also help you purchase last minute personal items, grab a meal, or a quick driving tour of some local points of interest¹. To ensure a hassle-free connection, the travel assistant will stay with the client until the boarding call for the Pacific Coastal flight is announced.

If a delay is encountered that results in an overnight stay in Vancouver, the travel assistant will provide shuttle service to a nearby hotel². Your flight to Powell River will be rescheduled for the following morning. Your travel assistant will meet you at your hotel and bring you back to the South Terminal for your rescheduled flight.

¹Note: these services are provided at the discretion of the travel assistant. Time restrictions or the condition of the client may preclude these layover provisions.

²Note: client will be responsible for all hotel accommodation, room charges and applicable taxes. SCHC reserves the right to limit hotel accommodation to an establishment within a reasonable driving distance from the South Terminal.

Arriving at Powell River Airport

Clients will be greeted by a driver at the airport in Powell River and shuttled directly to SCHC. The travel assistant in Vancouver will forward a description of the client to the driver in Powell River to facilitate the client's arrival.

How we will find you when you arrive in Vancouver

For Canadian arrivals, your travel assistant will greet you in Vancouver with a sign marked 'Powell River.' If your travel assistant is not there when you arrive take a seat near the stone wall closest to the baggage carousel where you claimed your bag.

If you are arriving from the USA or overseas stay close to the native wood carving in the arrival lobby in the International arrivals terminal and look for your meet n' greet representative with the 'Powell River' sign. As a precaution, SCHC admission team will also obtain a physical description of you and what you are wearing for easier identification.

Air travel contacts

Canada Border Services Agency – For information on entering Canada visit www.cbsa-asfc.gc.ca/travel/menu-e.html or call 204-983-3500 or 506-636-5064.

Pacific Coastal Airlines – Call toll-free 1-800-663-2872 or in Vancouver 604-273-8666 for further information on the Pacific Coastal courtesy shuttle service. Visit www.pacific-coastal.com for more information.

Sunshine Coast Health Center – Call toll-free 1-866-487-9010 for travel assistance.

Vancouver International Airport (YVR) – For assistance upon arrival in Vancouver with baggage, shuttle services, etc. call 604-207-7077 or look for a "green-coat" volunteer in the terminal.

Hotels near the airport in Vancouver

The following list of hotels is provided in the event that a layover in Vancouver is required due to inclement weather or late arrival. The following hotels are located within a 10 minute drive to the Vancouver Airport.

Some of these hotels provide shuttle bus service but please note the shuttle bus service is only provided to and from the Main Terminal. Therefore, passengers are recommended to call for taxi service to get to the South Terminal if flying to Powell River.

Sunshine Coast Health Centre may hold room with company credit card but client will be responsible for making payment at time of check-in.



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Vancouver Airport Hotels

RECOMMENDED HOTELS

Delta Vancouver Airport Hotel & Marina

3500 Cessna Drive

Richmond BC V7B 1C7

Phone: (604) 278-1241

Toll-Free: 1 (888) 633-4041

Note: one of the nicer hotels in the airport area. Also one of the closest. Rates higher than average but tops in this category.

Holiday Inn Express Vancouver Airport

9351 Bridgeport Road

Richmond BC V6X 1S3

Phone: (604) 273-8080

Toll-free: 1 (877) 273-8080

Note: reasonable rates, airport shuttle, convenient to Airport. Relatively new hotel.

Sandman Hotel Vancouver Airport

3233 St. Edwards Dr

Richmond BC V6X 3K4

Phone: (604) 303-8888

Toll-free: (800) SANDMAN (726-3626)

Note: Reasonable rates, convenient to airport, good restaurant (Moxies). A recommended hotel.

OTHER HOTELS

Abercorn Inn (Best Western)

9260 Bridgeport Road

Richmond BC V6X 1S1

Phone: (604) 270-7576

Toll-free: (800) 663-0085

Note: convenient to the airport. Good restaurant. British-style accommodations.

Comfort Inn Vancouver Airport

3031 No.3 Road

Richmond BC V6X 2B6

Phone: (604) 278-5161

Toll Free: (800) 663-0974

Days Inn Vancouver Airport

2840 Sexsmith Road

Richmond BC V6X 2H3

Phone: (604) 207-8000

Toll-Free: 1 (800) 653-3595

Executive Airport Plaza

7311 Westminster Hwy.

Richmond BC V6X 1A3

Phone: (604) 278-5555

Toll Free: (888) 388-EXEC(3932)

Four Points by Sheraton

8368 Alexandra Road

Richmond BC V6X 4A6

Phone: (604) 214-0888

Note: this is a new hotel but is a little further drive than some of the other hotels listed.

Hampton Inn Vancouver Airport

8811 Bridgeport Road

Richmond BC

Phone: (604) 232-5505

Toll-Free: 1 (800) 488-0101

Hilton Vancouver Airport

5911 Minoru Blvd

Richmond BC V6X4C7

Phone: (604) 273-6336

Note: a high-end hotel. Convenient to the South Terminal. Has airport shuttle to main terminal but not to South Terminal.

Holiday Inn Vancouver Airport

10720 Cambie Road

Richmond BC V6X 1K8

Phone: (604) 821-1818

Toll-free: (888) 831-3388

The Westin Wall Centre Vancouver Airport

3099 Corvette Way

Richmond, BC V6X 4K3

Phone: (604) 303-6565

Toll-Free: 1 (866) 932-7742

La Quinta Inn Vancouver Airport

8640 Alexandra Road

Richmond BC V6X 1C4

Phone: (604) 276-2711

Toll-Free: 1 (800) SLEEPLQ (753-3757)

Quality Hotel Vancouver Airport South

7228 Westminster Hwy

Richmond BC V6X 1A1

Phone: (604) 244-3051

Toll Free: (877) 244-3051

Radisson President Hotel & Suites

Vancouver Airport

8181 Cambie Road

Richmond BC V6X 3X9

Phone: (604) 276-8181

Toll-free: 1(800) 967-9033

Note: right in the heart of Richmond's Asian shopping district.

Ramada Inn Hotel Vancouver Airport

7188 Westminster Highway

Westminster & Alderbridge Way

Richmond BC V6X 1A1

Phone: (604) 207-9000

Toll-Free: 1 (800) 854-9517

Sheraton Vancouver Airport Hotel

7551 Westminster Hwy.

Richmond BC V6X 1A3

Phone: (604) 273-7878

Toll Free: 1 (888) 627-8291

Note: convenient to airport. Shuttle bus available. Good restaurant. Rates higher than average.

Vancouver Airport Marriott

7571 Westminster Highway

Richmond BC V6X1A3

Phone: (604) 276-2112

Toll-free: (877) 323-8888

Note: a new hotel. Good restaurant. Close to airport. Rates higher than average. Shuttle bus to main terminal available.



DIRECTIONS DRIVING FROM SEATTLE, Vancouver or the East to Powell River

Traveling by car from Seattle, WA and points south of Vancouver to Powell River

- Take I-5 NORTH to Exit 275 onto WA-543 North which becomes 176 St. in Canada
- Head NORTH on 176 St. to the first set of lights - 8th Avenue and turn LEFT
- Merge RIGHT onto Provincial Route 99 N and go through Massey Tunnel
- Follow Highway 99 north over the Oak Street Bridge into Vancouver
- Turn LEFT onto West Broadway
- Turn RIGHT onto Hemlock Street
- Follow Hemlock onto the Granville St. Bridge
- Exit RIGHT off Granville St. Bridge onto Seymour Street
- Turn LEFT onto West Georgia St. Continue to follow Provincial Route 1A/Route 99
- Take the HWY 99/HWY 1A ramp toward West Vancouver
- Merge onto Marine Drive
- Turn RIGHT onto Taylor Way
- Turn LEFT onto Mathers Ave. and merge onto Trans Canada Hwy and follow to Horseshoe Bay Ferry Terminal
- At the Horseshoe Bay Ferry Terminal, take the Langdale ferry (check the Horseshoe Bay-Langdale Ferry Schedule)
- Continue NORTH on Highway 101 to Earl's Cove ferry terminal, take the Saltery Bay ferry (check the Earl's Cove-Saltery Bay Ferry Schedule)
- Head NORTH from Saltery Bay for 24 km and turn RIGHT onto Maris Road.
- At the top of Maris Road, turn LEFT then turn into the 2nd driveway on the LEFT.

Traveling by car from points east of Vancouver to Horseshoe Bay Ferry Terminal

- Follow Highway 1 Westbound to Vancouver

- Continue NORTH on Highway 1 across Ironworkers Memorial Bridge
- Continue WEST on Highway 1 (Upper Levels Highway) to Horseshoe Bay ferry terminal
- At the Horseshoe Bay Ferry Terminal, take the Langdale ferry (check the Horseshoe Bay-Langdale Ferry Schedule)
- Continue NORTH on Highway 101 to Earl's Cove ferry terminal, take the Saltery Bay ferry (check the Earl's Cove-Saltery Bay Ferry Schedule)
- Head NORTH from Saltery Bay 19 kilometres and turn LEFT on Fleury Road (First look for Black Point Store, then watch for McLean Road, then Palmer Road, then Fleury Road. Slow down and take LEFT immediately after long fence and 3 flag poles onto Fleury Road)
- Turn on first LEFT from Fleury Road into parking lot of Sunshine Coast Health Centre (be sure to check in at Administration Building or with nurse at Medical Unit)
- From Provincial Route 19A N/Island Highway N. take Exit 117 toward Cumberland/Courtenay/Comox
- Take EXIT 117 toward Cumberland/Courtenay/Comox



- Keep **RIGHT** at the fork to go on Cumberland Road
- Stay **STRAIGHT** to go onto Comox Valley Parkway
- Turn **LEFT** onto Provincial Route 19A N/Cliffe Ave/ Island Highway
- Turn **RIGHT** onto Provincial Route 19A / 17th St./ Island Highway
- Turn **LEFT** onto Provincial Route 19A / Comox Road/ Island Highway. Continue to follow Provincial Route 19A.
- Turn **RIGHT** onto Ryan Road
- Turn **LEFT** onto Anderton Road
- Stay **STRAIGHT** to go onto Ellenor Road
- Ellenor Road becomes Powell River-Little River Ferry (Check the Little River (Comox) -Westview (Powell River) ferry schedule)
- Powell River-Little River Ferry becomes Wharf St.
- Turn **RIGHT** onto Marine Ave. / Provincial Route 101.
- Continue on ROUTE 101 for 7.3 km and turn **LEFT** on Maris Road. Take a **LEFT** at top of hill, then turn **LEFT** at 2nd driveway on the **LEFT**.

Travel Contacts

Sunshine Coast Health Centre is here to help along the way. Contact us toll-free at 1-866-487-9040.

