#### Sunshine Coast Health Centre A Non 12-Step Program

# DIRECTIONS DRIVING FROM SEATTLE, Vancouver or the East to Powell River

### Traveling by car from Seattle, WA and points south of Vancouver to Powell River

- Take I-5 NORTH to Exit 275 onto WA-543 North which becomes 176 St. in Canada
- Head NORTH on 176 St. to the first set of lights -8th Avenue and turn LEFT
- Merge RIGHT onto Provincial Route 99 N and go through Massey Tunnel
- Follow Highway 99 north over the Oak Street Bridge into Vancouver
- Turn LEFT onto West Broadway
- Turn RIGHT onto Hemlock Street
- Follow Hemlock onto the Granville St. Bridge
- Exit RIGHT off Granville St. Bridge onto Seymour Street
- Turn LEFT onto West Georgia St. Continue to follow Provincial Route 1A/Route 99
- Take the HWY 99/HWY 1A ramp toward West Vancouver
- Merge onto Marine Drive
- Turn RIGHT onto Taylor Way
- Turn LEFT onto Mathers Ave. and merge onto Trans Canada Hwy and follow to Horseshoe Bay Ferry Terminal
- At the Horseshoe Bay Ferry Terminal, take the Langdale ferry (check the Horseshoe Bay-Langdale Ferry Schedule)
- Continue NORTH on Highway 101 to Earl's Cove ferry terminal, take the Saltery Bay ferry (check the Earl's Cove-Saltery Bay Ferry Schedule)
- Head NORTH from Saltery Bay for 24 km and turn RIGHT onto Maris Road.
- At the top of Maris Road, turn LEFT then turn into the 2nd driveway on the LEFT.

## Traveling by car from points east of Vancouver to Horseshoe Bay Ferry Terminal

• Follow Highway 1 Westbound to Vancouver

- Continue NORTH on Highway 1 across Ironworkers
  Memorial Bridge
- Continue WEST on Highway 1 (Upper Levels Highway) to Horseshoe Bay ferry terminal
- At the Horseshoe Bay Ferry Terminal, take the Langdale ferry (check the Horseshoe Bay-Langdale Ferry Schedule)
- Continue NORTH on Highway 101 to Earl's Cove ferry terminal, take the Saltery Bay ferry (check the Earl's Cove-Saltery Bay Ferry Schedule)
- Head NORTH from Saltery Bay 19 kilometres and turn LEFT on Fleury Road (First look for Black Point Store, then watch for McLean Road, then Palmer Road, then Fleury Road. Slow down and take LEFT immediately after long fence and 3 flag poles onto Fleury Road)
- Turn on first LEFT from Fleury Road into parking lot of Sunshine Coast Health Centre (be sure to check in at Administration Building or with nurse at Medical Unit)
- From Provincial Route 19A N/Island Highway N. take Exit 117 toward Cumberland/Courtenay/ Comox
- Take EXIT 117 toward Cumberland/Courtenay/ Comox



#### CONTINUED ON NEXT PAGE

- Keep RIGHT at the fork to go on Cumberland Road
- Stay STRAIGHT to go onto Comox Valley Parkway
- Turn LEFT onto Provincial Route 19A N/Cliffe Ave/ Island Highway
- Turn RIGHT onto Provincial Route 19A / 17th St./ Island Highway
- Turn LEFT onto Provincial Route 19A / Comox Road/ Island Highway. Continue to follow Provincial Route 19A.
- Turn RIGHT onto Ryan Road
- Turn LEFT onto Anderton Road
- Stay STRAIGHT to go onto Ellenor Road
- Ellenor Road becomes Powell River-Little River Ferry (Check the Little River (Comox) -Westview (Powell River) ferry schedule)
- Powell River-Little River Ferry becomes Wharf St.
- Turn RIGHT onto Marine Ave. / Provincial Route 101.
- Continue on ROUTE 101 for 7.3 km and turn LEFT on Maris Road. Take a LEFT at top of hill, then turn LEFT at 2nd driveway on the LEFT.

### **Travel Contacts**

Sunshine Coast Health Centre is here to help along the way. Contact us toll-free at 1-866-487-9040.

