



**Sunshine Coast
Health Center**
Powell River, BC

Sunshine Coast Recovery News

Your Partner in Recovery

Spring 2009

Sunshine Coast Alumni Reunions in Alberta off to a Good Start

Thank you to all alumni and family members who joined us in Richmond on the 2nd of May, in Edmonton on the 6th of June, and in Calgary on the 13th of June. Even though these are free events, we realize that life is full of commitments, so thank you for making your recovery a priority and allowing us

the privilege to be part of it. Counsellors Pete White and Chris Drummond were terrific working with the families in Edmonton and Calgary while Cathy recuperated back home with newborn, Ethan (see article below).



Edmonton

Calgary Addiction Conference Well Received



Sunshine Coast Health Center was pleased to co-sponsor the Healing and Treating

Addiction Problems workshop, a 3-day event held in Calgary June 9 to 11. Gabor Maté, best-selling author of *In the Realm of Hungry Ghosts*, started Day One with a uniquely humanizing perspective on addiction. On Day Two, Claudia Black, renowned addiction author, speaker and trainer, showed why she has been internationally recognized for her pioneering and contemporary work with family systems and addictive disorders. To finish the workshop on a high note, Scott Miller of *Heroic Client* fame entertained and informed the audience of therapists on the importance of the client-directed, outcome-informed approach.

Thank you to those who attended the Day Three lunch-hour presentation hosted by Geoff Thompson, Sunshine Coast Program Director.

For more information on upcoming health professional workshops visit www.jackhirose.com.

staff to ensure that clients receive a positive treatment experience on a consistent basis. For more information on Cathy and the rest of the staff at Sunshine Coast visit our staff page, www.sunshinecoasthealthcentre.ca/staff.html.

Our Latest Addition

Cathy Patterson-Sterling, Director of Family Services, and husband Marty are pleased to announce the arrival of Ethan James Sterling, born on the 3rd of March, 2009. Weighing in at 6 pounds 12 ounces, Ethan joins sisters Keiyana and Emma and doting grandmother Rosemary.



Ethan James Sterling

Cathy Jordan Returns

After a two year hiatus, Sunshine Coast Health Center founder Cathy Jordan has returned full-time. In her new role as Site Supervisor, Cathy will be working with medical and operations



Cathy Jordan

Geoff Goes Back to School

This September, Geoff Thompson, Sunshine Coast Program Director, will begin his doctoral studies at Saybrook Graduate School and Research Center. Following completion of his dissertation on creating a textbook for meaning-centered therapy for addictions, Geoff will obtain a Ph.D. in Clinical Psychology. Not to worry, however, Geoff will remain full-time at Sunshine Coast as Saybrook only requires Geoff's presence in San Francisco for a few weeks each year.



Geoff Thompson

eNewsletter